



B O D H I M A Y A
P I L A T E S C E N T R E

STUDIO GROUP CLASS TIMES

MONDAY: 7am - 11am

PRIVATE SESSIONS RUN FROM 8am to 7pm.

TUESDAY: 7am - 11:30am
6pm - 8pm

PRIVATE SESSIONS RUN FROM 7:30am to 12pm.

WEDNESDAY: 7am - 11:30am
4pm - 8:30pm

PRIVATE SESSIONS RUN FROM 8am - 4pm.

THURSDAY: 8:30am - 10:30am

PRIVATE SESSIONS RUN FROM 7:30am - 12:30pm.

FRIDAY: Closed

SATURDAY: 8am - 12pm